



PROUD PARTNER · TPCA 2026 ANNUAL CONFERENCE

Deeply rooted in Nashville.
Growing healthier moms across Tennessee.

Refer once.

We'll take care of mom from here.

Help To Moms supplies insurance-covered maternity and postpartum equipment for your pregnant patients — delivered to her home at little or no cost to her.

“Working with this organization has truly been a blessing. ... They go above and beyond to ensure that patients receive the resources and support they need to have a more comfortable pregnancy.”

Zoe Lowery, FNP · Matthew Walker Comprehensive Health Center

PROUD 2-YEAR PARTNER

1 Send the order

Create in Parachute (our free digital order platform), or fax to us

2 We do the legwork

We verify coverage, handle paperwork and follow up with your office

3 She's ready

Equipment is delivered straight to her door

WHAT WE PROVIDE

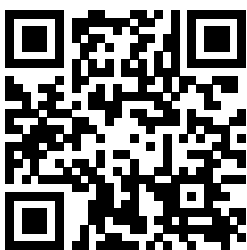
- Breast pumps (Medela & more)
- Maternity support belts
- Compression stockings
- Blood pressure monitors

WHY CLINICS CHOOSE US

- Local Nashville team, reachable by phone
- Bilingual support — English & Español
- Coverage checks & paperwork handled
- Serving moms in 25+ states

INSURANCE

TennCare, TRICARE, Cigna, and most commercial plans accepted



Scan to refer a patient

FOR PROVIDERS

helptomoms.com/providers

OFFICE 615-229-5940

FAX 615-581-1404

810 Dominican Drive, Suite 115
Nashville, TN 37228

LET'S TALK



Alphonso Harvey
Founder & CEO

DIRECT LINE

615-480-7102

Call me about partnering with your center.

Sending us an order

A complete order moves fastest — and saves your office a callback from us.

WHAT TO INCLUDE WITH THE ORDER

- ☐ **Patient information**
Full name, date of birth, phone number, and home address
- ☐ **Due date**
Estimated due date — or delivery date if she's already postpartum
- ☐ **Diagnosis**
ICD-10 diagnosis code(s) supporting the item ordered
- ☐ **Insurance card**
A copy of the front and back of her current card
- ☐ **Prescriber signature**
Signed and dated, with the prescriber's printed name and NPI

OPTION 1 • RECOMMENDED

Order in Parachute

Our free digital order platform

- 1 Log in to Parachute Health and start a new order
- 2 Search suppliers for
"Help To Moms"
- 3 Select Help To Moms and send — we take it from there

New to Parachute? Call 615-229-5940 and we'll help your office get set up.

OPTION 2

Fax it to us

Send the signed order and insurance card

FAX

615-581-1404

Questions about an order?

Call our office: 615-229-5940

PROVIDER PAGE

helptomoms.com/providers

OFFICE

615-229-5940

CEO DIRECT LINE

615-480-7102